



5<sup>th</sup> Swiss Symposium on Refugee and  
Migrant Health

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**Climate Change  
and Migration**

15. 09. 2023

08:30–12:30 Uhr Workshops

13:30–17:00 Uhr Vorträge

 **INSELSPITAL**  
UNIVERSITÄTSSPITAL BERN  
HÔPITAL UNIVERSITAIRE DE BERNE

 **UNIVERSITÄTS  
KLINIK FÜR  
NOTFALLMEDIZIN**



**Migration & Refugee  
Health**

## 5<sup>th</sup> Swiss Symposium on Refugee and Migrant Health

**Das 5te «Swiss Symposium on Refugee and Migrant Health» findet am 15. September 2023 im Inselspital, Universitätsspital Bern statt.**

Im Mittelpunkt des diesjährigen Symposiums steht der Austausch mit Experten über die komplexe Beziehung zwischen Klimawandel und Migration. Wir werden die nachteiligen Auswirkungen des Klimawandels auf die Gesundheit, auf den Schutz der Menschenrechte und auf die Migrationsströme diskutieren. Experten werden Einblicke in die rechtlichen, politischen und gesundheitlichen Aspekte des Klimawandels sowie in die Anwendung von Tools zur Unterstützung gefährdeter Bevölkerungsgruppen und zur Messung der Auswirkungen von Vertreibung auf die Gesundheit geben.

Darüber hinaus werden am Vormittag Workshops angeboten, welche die Erkennung, Dokumentation, Behandlung und Wegleitung von Patienten mit psychischen Problemen oder Fällen von häuslicher Gewalt thematisieren. Die Workshops werden in englischer Sprache mit Austausch auf Deutsch angeboten, wo immer dies gewünscht wird (gekennzeichnet als de & en), oder ausschließlich in Englisch (en) oder Deutsch (de).

Somit bietet das Symposium auch in diesem Jahr wieder Gelegenheit sein Wissen und klinische Fähigkeiten zu erweitern und neue Kenntnisse im Bereich Migration und Gesundheit zu gewinnen. Neben dem Austausch mit Experten und Gleichgesinnten wird es auch wieder die Möglichkeit geben, in unserem Foyer direkt mit verschiedenen Organisationen in Kontakt zu treten.

Wir freuen uns auf Sie!

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**The 5th Swiss Symposium on Refugee and Migrant Health will take place on September 15th 2023 at the Inselspital, University Hospital Bern.**

The focus of this year's symposium is to engage in exchange with experts about the complex relationship between climate change and migration. We will discuss the adverse impacts of climate change on health, on the protection of human rights and on migration flows. Experts will provide insights into legal, policy and health implications of climate change, as well as the use of tools to assist vulnerable populations and to measure the impact of displacement on health.

In addition, workshops take place in the morning addressing the identification, documentation, treatment, management and referral of patients with mental health problems or cases of domestic violence. The workshops will be offered in English with exchange in German, wherever wanted (marked as de & en), or solely in English (en) or German (de).

Thus, this year's symposium will again provide an opportunity to expand one's knowledge and clinical skills and gain new insights in the field of migration and health. Besides the exchange with experts and peers there will be again the possibility to get in direct contact with different organizations in our foyer.

We are looking forward to seeing you!

# 5<sup>th</sup> Swiss Symposium on Refugee and Migrant Health

Workshops, 08:30h – 12:30h Raum Paradiso, Stockwerk H, Wirtschaftsgebäude, Rosenbühlgasse 26

Symposium, 13:30h – 17:00h Auditorium Maurice E. Müller, Rosenbühlgasse 25

## Friday 15th September - 5th Swiss Symposium on Refugee and Migrant Health

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- 08:30-09:30** **WS: Cases of Domestic violence: How to recognize, document and treat? (de & en)**  
Anja Kéry-Candela
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- 09:30-10:00** **WS: Climate change, internal displacement and health: concepts, case studies and tools to measure the impact (en)**  
L. Yasukawa, IDMC
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- 10:00-10:30** **WS: Heat Measures Toolbox: Measures to protect human health from heat (en)**  
C. Martucci, Swiss TPH
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- 10:30-11:30** **WS: Mental Health Problems of refugees and migrants & access to care (de & en)**  
Team of the Outpatient Clinic for Victims of Torture and War,  
University Hospital Zurich
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- 11:30-12:00** **WS: Heat Measures Toolbox: Measures to protect human health from heat (de)**  
C. Martucci, Swiss TPH
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- 12:00-12:30** **Provision of care for labor migrants**  
Dr. A. Kamenschchikova
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- 12:30-13:30** **Lunch Break**
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- 13:30-13:40** **Opening**  
Prof. A. Exadaktylos
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- 13:40-14:20** **Climate Change, Health and Migration Nexus**  
Migration, Environment and Climate Change Division, IOM
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- 14:20-15:00** **Recognition and Protection of Environmental Migrants: New Legal Challenges**  
Prof. E. Fornalé
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- 15:00-15:30** **Coffee Break**
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- 15:30-16:15** **Health and migration perspectives on contemporary climate migration**  
D. Ionesco & Prof. F. Maillard
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- 16:15-16:45** **Migration and Climate Change - Caritas' holistic understanding and approach**  
S. Estermann
- 
- 16:45-17:00** **Open round discussion**

## SPEAKERS

### **Prof. Elisa Fornalé**

Principal Investigator, SNSF Project Climate Change and Human Mobility ([www.climco2.org](http://www.climco2.org)), Principal Investigator, SNSF Project Gender Equality in the Mirror (GEM) and Gender Coordinator, Know the GAP! Team

### **Dina Ionesco**

Co-Director of the Master on Migration, Climate Change and the Environment (MAMCE) at Webster University Geneva and Senior Advisor on Migration at the Climate Vulnerable Forum CVF

### **Professor Françoise Maillard**

Head of the Health Care Management Master and Certificates programs at Webster University Geneva

### **Sarah Estermann**

Knowledge Manager Migration at the International Cooperation Department of Caritas Switzerland

### **Representative of the Migration, Environment and Climate Change Division**

Department for Migration Management  
International Organization for Migration (IOM) Headquarters, Geneva, Switzerland

### **Dr. med. Anja Kéry-Candela**

Domestic Violence Working Group, Department of Emergency Medicine, Inselspital, Bern University Hospital, University of Bern, Switzerland

### **Team of the Outpatient Clinic for Victims of Torture and War**

Clinic for Consultant Psychiatry and Psychosomatics, University Hospital Zurich

### **Louisa Yasukawa**

Researcher at the Internal Displacement Monitoring Centre (IDMC) of the Norwegian Refugee Council, Geneva, Switzerland

### **Cristian Martucci**

Scientific Collaborator at the Environmental Exposures and Health Unit of the Swiss Tropical and Public Health Institute

### **Dr. Alena Kamenshchikova**

Department of Health, Ethics and Society, Department of Social Medicine and Department of Medical Microbiology, Infectious Diseases and Infection Prevention at Maastricht University

## WORKSHOPS (WS)

### **Workshop: Cases of Domestic violence: How to recognize, document and treat? (de & en)**

Dealing with people experiencing violence is always a challenge for health professionals. How to recognize, document and treat people affected by domestic violence? This workshop guides participants in a structured approach to (suspected) cases of domestic violence and provides an overview of the problem and further recommended procedures (definition, signs, legal situation, people at particular risk, important addresses).

*Der Umgang mit Gewaltbetroffenen ist für Gesundheitsfachpersonal immer wieder eine Herausforderung. Wie kann man Betroffene von Häuslicher Gewalt erkennen, dokumentieren und behandeln? Dieser Workshop leitet Teilnehmende zu einem strukturierten Vorgehen bei (Verdachts-) Fällen häuslicher Gewalt an und gibt einen Überblick über die Problematik und empfohlene Vorgehensweise (Definition, Anzeichen, rechtliche Situation, besonders gefährdete Menschen, wichtige Adressen).*

### **Workshop: Climate change, internal displacement and health: concepts, case studies and tools to measure the impact?**

The workshop will provide a conceptual overview of the intersection between climate change, displacement and health. There will be an introduction to the original survey tool IDMC has developed to measure the impacts of displacement on health followed by a discussion how it could be adapted to other contexts. Finally findings from surveys in Kenya and Niger will be presented.

### **Heat Measures Toolbox: Measures to protect human health from heat (de & en)**

Due to climate change, the health burden of heat is increasing, with a disproportionate impact on the population, depending on vulnerability factors. Among other risk groups, people with low socio-economic status have been identified as particularly vulnerable to heat. This workshop will provide a brief introduction to how heat affects health and what measures can be taken at different levels. We will discuss what factors contribute to increased vulnerability of refugees and migrants and what concrete actions could be taken to protect their health from heat.

*Die mit dem Klimawandel verbundene zunehmende Hitzebelastung ist von erheblicher gesundheitlicher Bedeutung. Menschen mit einem niedrigen sozioökonomischen Status gelten dabei als besonders vulnerabel. Der Workshop bietet eine kurze Einführung zu den gesundheitlichen Risiken der Hitzebelastung und zu diversen Handlungsoptionen zum Schutz der Gesundheit. Danach werden wir gemeinsam diskutieren, welche Faktoren zur erhöhten Vulnerabilität von Flüchtlingen und Menschen mit Migrationshintergrund beitragen und welche konkreten Maßnahmen ergriffen werden könnten.*

### **Workshop: Mental Health Problems & Access to Care (de & en)**

Refugees are at increased risk of developing symptoms of mental disorders, but face various structural and socio-cultural barriers to accessing mental health care. To reduce these barriers to mental health care and to enable local health systems to provide refugees with easier access to mental health care, task-sharing initiatives can be a complementary solution. This workshop will discuss common symptoms of mental disorders: how to recognise them and how to respond to them by introducing a process of triage with referral to different mental health services. A special focus will be on low level interventions with a peer-to-peer approach.

### **Workshop: Provision of care for labor migrants (en)**

The workshop will focus on challenges regarding the provision of care for low-skilled labor migrants within the EU. While economic arrangements of the EU support a relatively easy flow of goods, services and labor, the provision of care still remains state-based. This complicates care provision for labor migrants who often have to commute across several countries. The topic will be further discussed on a specific case study – two Covid-19 outbreaks in meat factories in the Netherlands in 2020.

## ORGANISATIONSTEAM

### **Prof. Dr. med. Aristomenis Exadaktylos**

Chefarzt und Klinikdirektor, Universitätsklinik für Notfallmedizin, Inselspital Bern

### **Dr. med. Anne Jachmann**

Leiterin Arbeitsgruppe Migration, Flucht und Gesundheit,  
Universitätsklinik für Notfallmedizin, Inselspital Bern

<https://migration-health.com/>

## ADMINISTRATION SYMPOSIUM

### **Frau Corinne von Büren**

Sachbearbeiterin Kongresse und Tagungen, Universitätsklinik für Notfallmedizin,  
Inselspital Bern  
smrh@insel.ch

## ANMELDUNG



<https://easylearn.insel.ch/public/education-catalog/1e156632-9f83-434f-b36b-c68a4e63c5da/detail/2381>

**Anmeldeschluss: 14. September 2023**

On-site registration possible on September 15th

There will be a small fee as contribution to expenses:

CHF 25 for the morning (one or as many workshops as interested)

OR

CHF 25 for the afternoon (one or as many lectures as interested)

OR

CHF 50 for the whole day

Die Workshops bitte separat per Mail an smrh@insel.ch anmelden.  
Berücksichtigung der Teilnehmer nach Anmeldeeingang.

*For workshops please register separately by mail to smrh@insel.ch.  
Consideration of participants after receipt of registration.*

## Lageplan / Site Plan



## Anreise / Arrival

Die Anreise mit den öffentlichen Verkehrsmitteln wird empfohlen.  
Ab Bahnhof Bern mit der Buslinie 12 Richtung Holligen bis Haltestelle «Inselplatz».  
Für die Anreise mit dem Auto: Autobahnausfahrt «Bern Forsthaus».  
Im Inseleparking, dem Bahnhofparking und dem Parkhaus City West stehen begrenzte kostenpflichtige Parkplätze zur Verfügung.

*Arrival by public transport is recommended.*

*From Bern train station, take bus line 12 in the direction of Holligen and get off at the «Inselplatz» stop.*

*For travel by car: Motorway exit «Bern Forsthaus». In the Inseleparking, the Bahnhofparking and the multi-storey parking lot City West there are limited parking spaces available for a fee.*

## **Inselspital**

Universitätsspital Bern

Universitätsklinik für Notfallmedizin

Freiburgstrasse

CH-3010 Bern

[www.insel.ch](http://www.insel.ch)

Klinikdirektor und Chefarzt

**Prof. Dr. med. Aristomenis Exadaktylos**